

# **EXETER** Board

Date: Thursday 24 September 2015

Time: 5.30 pm

Venue:

Members are invited to attend the above meeting to consider the items of business.

If you have an enquiry regarding any items on this agenda, please contact Howard Bassett, Democratic Services Officer (Committees) on 01392 265107 or email howard.bassett@exeter.gov.uk

Entry to the Civic Centre can be gained through the Customer Services Centre, Paris Street.

Membership -

**Exeter City Council** 

Councillors Sutton (Chair), Denham, Edwards, Mottram and Owen

**Devon County Council** 

Councillors Foggin, Hannaford, Hannan, Hill, Leadbetter, Morse, Owen, Prowse and Westlake

Associate Members

Mr Richard Atkins (Exeter College), Phil Atwell (Exeter University), Sara Bond (Exeter Chamber of Commerce), Simon Bowkett (Exeter CVS), Gillian Champion (Exeter sub-locality of the Eastern Region New Devon CCG), Dr Jonathan Draper (Exeter Cathedral), Angela Pedder (RD & E), Superintendent Keith Perkin (Devon & Cornwall Constabulary) and Jude Taylorson (Faith Groups)

#### Agenda

# Part I: Items suggested for discussion with the press and public present

#### 10 Feedback from Member representation on Multi Agency Groups

(a) Exeter Health and Wellbeing Board

(Pages 3 - 18)

Minutes of the meeting held on 2 September 2015 – To Follow.

(b) Community Safety Partnership – Executive Group

Minutes of the meeting held on 22 July 2015.

# **Date of Next Meeting**

The next Exeter Board will be held on Thursday 19 November 2015 at Time Not Specified

#### **Future Business**

The schedule of future business proposed for this Scrutiny Committee and other Committees of the Council can be viewed on the following link to the Council's website: http://www.exeter.gov.uk/forwardplan

Councillors can view a hard copy of the schedule in the Members Room.

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# **COMMUNITY SAFETY PARTNERSHIP - EXECUTIVE GROUP**

Wednesday 22 July 2015

#### Present:-

Superintendent Keith Perkin - Devon & Cornwall Constabulary

- Exeter City Council Karime Hassan - Safer Devon Partnership Nicola Channon

Nigel Deasy Devon & Somerset Fire and Rescue Service

Councillor Peter Edwards - Exeter City Council Robert Norley - Exeter City Council Exeter City Council Melinda Pogue-Jackson
Lisa Rutter

- Exeter City Council
- Devon Youth Service - Exeter, East & Mid Devon

- Public Health Devon Gill Unstead

Amanda Kilroy Exeter CVS

Mike Hamilton - Community Rehabilitation Company Mike Anderton - Legacy Leisure (Min. No. 19) - Trading Standards (Min. No. 20 - Citizens Advice Bureau (Min. No. 20) Denise Dearden Karen Devaraj

- Exeter City Council Jo Quinnell

#### Apologies:-

Simon Bowkett Exeter CVS

Exeter City CouncilProbation Simon Lane

Simon Perkins

County Councillor P Prowse - Devon County Councillor

#### 18 **MINUTES OF LAST MEETING - 29 APRIL 2015**

The minutes of the last meeting held on 29 April 2015 were agreed.

Updates on actions were reported as follows:

# Strategy, Action Plan and Communications Strategy

Karen Mandefield and Simon Lane would update the Group at the next meeting regarding the refresh of the webpage. Karen would report on the plan for how the website works as an annex to the Communications Plan.

Supt Perkin had met with Harry Mottrem, Express & Echo to discuss raising the profile of the CSP, and work would be done around the Rugby World Cup and Freshers Week.

The minutes of the last meeting had been made publicly available.

#### **Domestic, Family & Sexual Abuse**

At the Forum on 14 May discussions had been held on events taking place in the city during 16 Days of Action Against Violence Against Women and Reclaim the Night. The Action Plan will be presented to the Forum and also to the next CSP.

#### Alcohol, Violence and the Night Time Economy (EVANTE)

A letter to licensed premises regarding freshers week is being drafted this week.

Police visits to the Help Zone had been re-established.

#### **Finance Update**

The CSP had match funded £300 to Crimestoppers.

# 19 PRESENTATION - LEGACY LEISURE PROJECT WITH OFFENDERS - MIKE ANDERTON

The Chair welcomed Mike Anderton to the meeting to give a presentation on the Legacy Leisure Project with offenders.

Mike gave an overview of the project and advised that following submission of the application in June 2015 to Sport England, early indications were that the first year of funding would be granted.

This project is aimed at individuals who had never participated in sport activities partly due to financial restrictions. After the initial eight sporting activity sessions, two months of free membership will be received to help sustain it. A specific membership had been created at 60p per day, or £4.20 per week to try to make it as accessible as possible.

The pilot will initially run for a year. The total project cost is £30,000, £10,000 of which will be funded by Sport England, with the remainder in kind from Legacy Leisure. It is anticipated that the project will commence in October depending on funds being released.

After the first year of the project an application for five year funding will be submitted to include an increase of sites to be used. This project will be based at Clifton Hill.

Turnaround will also offer participation through Probation for individuals at risk of reoffending. Education will also be a part of the project, with a range of agencies attending all sessions for signposting on home life, financial issues etc. A prison officer will also attend.

Exeter University will carry out research on participation rates and the impact of this.

Mike Hamilton enquired whether attending the sessions will be a specific requirement of release conditions; if so enforcement issues need to be addressed. There may also be some reluctance if it means a return to prison for non-attendance, ie a breach of that requirement.

Mike Anderton advised that they had been in contact with HMP Exeter and the current thinking is that the Governor would be asked to authorise attendance as part of the release conditions. Mike Hamilton expressed concern that if it is compulsory to attend the sessions, it was likely to increase the number of people returning to prison as although they may not be reoffending, a number of people will breach that condition. Mike Hamilton will engage with relevant stakeholders regarding the compulsory element.

Amanda Kilroy referred to the benefits of the scheme and whether the research will also take into account other activities which may be attributing to any reduction in repeat offending rates or general crime rates, and how to identify how this scheme in particular was making a difference. It was noted that work was already being

undertaken with RISE, and the application was always evolving to take into account other areas that can be linked. It would be shown as a contributing factor alongside other schemes.

The pilot will only take place for Exeter Prison and from referrals from Probation as this is categorised as a resettlement prison. Eastwood Park Prison and Channings Wood will not be part of the pilot.

In answer to a question, it was noted that a reoffender costs the system approximately £48,000 per year, and therefore £30,000 for the pilot was a good return on investment. The Board felt that there needs to be some understanding of what success looks like.

There are links with the Exeter Health & Wellbeing Board and Active Exeter project. The Board felt that it was beneficial to reach these hard to reach groups, with links to support agencies.

# It was agreed that:

- (1) Mike Hamilton progress further discussions around the compulsory element of the condition:
- (2) quarterly reports of the project would be presented to the CSP; and
- (3) a further presentation would be given in nine months for a progress report.

# 20 DOORSTEP CRIME - PRESENTATION FROM DENISE DEARDEN (TRADING STANDARDS) AND KAREN DEVARAJ (CITIZENS ADVICE BUREAU)

Denise Dearden from Trading Standards and Karen Devraj from the Citizens Advice Bureau attended the meeting to give a presentation on community safety issues.

National Scams Awareness Month is held in July each year with a different theme each week.

Only 10% of cases get reported. Work is being undertaken with Social Services and pop up shops in banks had been well received. Royal Mail are legally obliged to post any mail, but are able to identify targeted addresses and can point Trading Standards in the direction of any potential scam victims.

A promotion event will take place at Central Library on 24 July in the Business Hub. Some stock of leaflets had been given to mobile libraries.

Consumers need to contact Citizens Advice via the Consumer Direct telephone service. However, if it is a live incident and an emergency, Trading Standards can be contacted.

Denise advised that they had jurisdiction in Devon and Somerset. Consumer issues make up around 6-10% of work, but there are many hidden scams that they are unaware of.

A discussion was held on how to promote the issues. Schools and colleges could be a useful source to tap into or even through social media as students could pass information on to parents/grandparents. Denise advised that they had difficulty getting to schools in the past.

Lisa Rutter referred to the Countess Wear Youth Club where work could be undertaken to educate young people to talk to grandparents. Denise would let Lisa

have some literature.

Age UK can provide help for people who maybe had not had the experience of dealing with paperwork and bills before. In addition, some feel it is rude to put the phone down on someone.

Nigel Deasy advised that the Fire Service carry out prevention visits and engage with a number of public providers and he could look into providing prevention advice with vulnerable people.

An online training course is available for care workers on the website which aims to help recognise scam activity.

There could also be a potential link with the ICE project.

Karime Hassan advised that visits are undertaken to council housing stock and he would explore whether this could be part of the conversation with tenants.

Leaflets could also be made available at ECC Customer First and via the Twitter account.

Cyber Crime is included in the review of the PCC Plan. The Safer Devon Partnership is reshaping its direction to a vulnerability agenda. Priorities are evidence based and focussed on emerging threats and concerns and the more hidden crimes that are increasing. There will also be links with Operation Jessica work in North Devon.

Supt Perkin advised that there are a number of agencies that can support this work and questioned whether it could be made as a workstream of the CSP. The Board agreed with this proposal.

#### 21 VICTIM SUPPORT REPRESENTATION

A request had been received from Victim Support to sit on the CSP Executive Group.

Discussion was held on whether the Executive Group was the right forum for Victim Support as there are other organisations offering a similar service.

Exeter CVS sit on the group as a third sector agency and is also part of the Safer Devon Partnership, and any issues can be directed through that organisation which will also strengthen links.

In addition, if any particular issues needed to be discussed, Victim Support can always be invited to a meeting to discuss.

It was **agreed** that Melinda Pogue-Jackson report back to Victim Support on the outcome of discussions.

#### 22 EAST & MID DEVON CSP ANNUAL CONFERENCE 2015

A discussion was held on the possibility of holding a conference or other event to raise the profile of the CSP.

Thought needs to be given on who the conference is targeted at – other agencies or the public.

This could provide an opportunity to publicise local stories and for people to see how the sub groups join up with the Executive Group. There is a need to celebrate what the CSP is achieving and to communicate that.

There was a clear appetite to hold an event, but it was a big commitment and someone would need to be identified to coordinate. This was an opportunity to promote and to provide reassurance to the public and a wider audience to understand what is going on.

Low key events may do just as well, such as the Countess Wear 100 Club or popup events.

It was **agreed** that Robert Norley and Melinda Pogue-Jackson would meet to discuss options and models and would report back to the next meeting.

#### POLICE AND CRIME PLAN 2015 REFRESH

23

Nicola Channon reported that there is a big shift from moving from the burglary-type crimes to vulnerability type of crime.

Work was being undertaken on the Peninsula Strategic Assessment priorities in advance of the PCC elections to provide candidates with evidence based priorities.

There would be two peninsula wide priorities which all CSPs will sign up to – alcohol & substance misuse and domestic violence & sexual assaults. Locally, CSPs can develop their own priorities under that.

The Devon Strategic Assessment will also focus on particular priorities, of which reoffending will be included. Vulnerability is included as this is an emerging theme, to include scams, CSE, modern slavery.

The documents will be signed off in November, and will be presented to the CSP before that time.

It was suggested that a presentation could be given to the next meeting on CSE and/or modern slavery.

Discussion was held around cyber crime and analysis of data and how to find a solution. An example was given around data analysis at universities to inform which students were vulnerable, by extracting data on any reduction in library usage, social clubs etc.

Supt Perkin would speak to Denise Dearden and invite her to sit on this Group as Chair of the Vulnerability/Cyber Crime work stream.

It was noted that Simon Lane had been tasked to raise awareness of CSE and modern slavery through the hotel industry and other businesses. This also included the taxi trade and was now included in the knowledge test.

Perception of safety would be a strand of work through the ICE Programme as part of the community resilience and prevention policy. There would be an asset based community development approach, how community connector roles identify needs on the ground and how to collect and share awareness. People feel safe if they know who they can go to.

#### **UPDATES FROM TASKING GROUPS**

### 24a Reoffending - Keith Perkin

Supt Perkin reported that he had met with Mike Hamilton and Gill Unstead regarding mental health and reoffending. Discussions had been held over the proposals for Wat Tyler House and a representative would be invited to the October meeting to provide an update.

#### **Restorative Justice**

The Devon Reducing Reoffending Group had met on 16 June.

Nicola Channon reported that this was a victim led group. Victims of crime are contacted and are given the opportunity for a restorative justice approach. The process of this is some contact with the perpetrator either through letters or a meeting. There were a number of trained volunteers to facilitate this across Devon.

The numbers were not huge at present, but it was hoped to get case studies and to get the capacity to build on the project further.

This related not to the scale of the crime, but the impact of the crime and is also about reducing reoffending as perpetrators come to understand the impact of their crime. The circumstances would need to be right for the perpetrator.

Louise Daley is doing some awareness raising with leaflets, newsletters and websites and there will also be a pop up shop in East and Mid Devon over the summer.

Amanda Kilroy offered a guest spot on the CVS Radio which was welcomed.

# **Community Payback**

The criteria for Community Payback was work for which someone else does not get paid to do and is for voluntary or non-profit making organisations.

Geraldine Ford who was leading the programme would be invited to the next meeting to give a presentation and to see if the CSP could make better use of Community Payback.

The police had good data relating to repeat offending and repeat locations. Neighbourhood teams were being asked to identify repeat vicitims

A CRC update would also be provided at the next meeting. Mike Hamilton advised that the CRC provided supervision for those serving under 12 months and tend to the most persistent offenders. It was also expeted that they would place an assessment induction team into Wat Tyler House.

# 24b Domestic Family & Sexual Abuse - Melinda Pogue-Jackson

Melinda Pogue-Jackson reported that a draft work plan had been produced and would be brought to the next CSP meeting.

A workshop on children and young people would be held at the next Forum meeting on 30 September to find out what services are available and to work out where the gaps are in Exeter.

The Devon Domestic and Sexual Abuse Alliance is carrying out some research and the results from the Exeter Forum will feed into that group.

16 days of action against violence against women will take place in November which will involve promoting and awareness raising. Leaflets will be produced to identify different events happening around the City.

Gill Unstead reported that she had attended an information evening at the Innovation Unit in June where they were looking at doing commissioning differently, particularly related to alcohol and domestic violence services at a strategic level, but not taking it away from a local level.

#### 24c Anti-Social Behaviour - Robert Norley

Robert Norley reported that the Anti-Social Behaviour Action Team had conjoined with the City Centre Issues Group as there was an amount of overlap on issues such as graffiti, flyposting and discarded needles. The operation of both forums would be reviewed.

A Community Protection Notice (CPN) had been used in relation to flyposting. All businesses had been advised that if promoters desist they would look to serve a CPN. Two establishments had been served with a fixed penalty notice of £100. They have 21 days to pay. It was hoped that this will make a marked difference.

Work had been undertaken with Crimestoppers in identifying tags and using ways of 'shopping' the tagger. They are building up a library of tags and can offer a reward. Lisa Rutter advised that some were tagging as groups.

As part of a pilot, sharps disposal points will be placed in hotspots - Riverside arches, public toilets in Blackboy Road and Northernhay Gardens. It was anticipated that the pilot would commence following the Rugby World Club as the fanzone will be located in Northernhay Gardens. Potential users will be informed and posters will be placed in pharmacies.

Community Trigger was introduced last year to tackle issues around harassment. The first Exeter case had been received and a multi-agency group was reviewing the case material and will shortly be making recommendations to Robert Norley and Keith Perkin, as per the adopted procedure.

#### 24d Alcohol, Violence and the Night Time Economy - Robert Norley

A meeting of EVANTE was held on 20 July. The new BID Manager would be invited be a member of the Group now that he is in post.

The Best Bar None scheme had been introduced and was the fastest growing scheme of its kind in the country. 43 licensed premises are going through the process, some of which had already been signed off.

The board that runs the scheme involves the PCC, University, Police and Trading Standards. Enquiries had been received from other areas on the success.

Premises had taken the scheme on board and are taking the initiative to support the street marshall scheme to assist with dispersal. There were also links with the taxi marshal scheme which had been piloted in Sidwell Street - one of the marshalls was moving to Fore Street at the busiest time and would be extending to other busy times such as Sundays before Bank Holidays.

The Public Spaces Protection Order (PSPO) is a tool which had been introduced to control anti-social behaviour within the public arena. The priority issues for Exeter included consumption of intoxicants (alcohol, drugs and new psychoactive substances), street urination and defecation, aggressive groups and rough sleeper paraphernalia, eg cardboard and mattresses needing to be removed by 6am.

Police intelligence has been bolstered by Exeter City Council Control Room logs and information from residents and traders will be collected by way of a survey. The proposed scheme would go to the September Committee cycle, followed by a public consultation period and then a report to Council for approval. It was anticipated that a PSPO would be achievable before the end of the year.

A pilot was also about to take place with breathalysers at nightclubs in relation to refusing admittance to those already intoxicated (eg from pre-loading). Although there is some national chain sensitivity around their use, a number of premises in Exeter were willing to trial it.

The Work Plan was being drafted and would be reported to the next CSP meeting.

# 25 **FUNDING MONITORING**

It was clarified that the £1,000 additional grant received from Devon County Council was from Public Health Devon for the Best Bar None scheme. This would be re-worded to make clear.

Nicola advised that £20,000 would be received from Safer Devon, £10,000 of which will be for anti-social behaviour and £10,000 for local projects. In addition, Safer Devon also has a pot of money for emerging themes.

Keith Perkin advised that a bid for £2,000 had been submitted for CCTV at Argyll Mews. This was a private building leased to the Council for prolific offenders and there had been a decline in the level of acceptable behaviour.

There would however be further costs of £75 per year plus the broadband fee. Keith Perkin would forward details to Mike Hamilton and Robert Norley for information.

#### 26 CRIME FIGURES - KEITH PERKIN

Keith Perkin reported that overall crime for the last 12 months had seen a reduction of 4.9%. Victim based crime had reduced by 6.7%. Also of note, shoplifting had reduced by 13% - 2 or 3 individuals now have banning orders in place so this may have had a significant effect on the reduction.

The issue of violence needed further attention.

#### 27 SAFER DEVON PARTNERSHIP - NICOLA CHANNON

This had been covered earlier in the meeting.

#### 28 ANY OTHER BUSINESS

Councillor Pete Edwards agreed to provide verbal feedback from this meeting to the Exeter Board on 30 July.

# 29 DATE OF NEXT MEETING - WEDNESDAY 21 OCTOBER AT 9.30AM

The date of the next meeting was noted.

(The meeting commenced at 9.00 am and closed at 12.20 pm)



#### **EXETER HEALTH AND WELLBEING BOARD**

Wednesday 2 September 2015

#### Present:-

Gill Champion (Chair)
Councillor Edwards
Councillor Owen
Councillor Leadbetter
Councillor Westlake
Dr Virginia Pearson
Patsy Temple

Superintendent Perkin

Simon Bowkett
Matt Evans
Caroline Lee
Katrina Stockton
Julian Tagg
Robert Norley
Dawn Rivers
Alex Bullied
Howard Bassett

- Clinical Commissioning Group

Exeter City CouncilExeter City CouncilDevon County CouncilDevon County Council

Public Health, Devon County CouncilPublic Health, Devon County CouncilDevon and Cornwall Constabulary

- Exeter Voluntary Service

- Active Devon

Devon Health-watchDevon Health-watchExeter City Football Club

Exeter City CouncilExeter City CouncilExeter City CouncilExeter City Council

36 APOLOGIES

These were received from Councillor Morris, James Bogue, Tim Golby, Martyn Rodgers, Kealey Sherwood and Jo Yelland.

### 37 <u>MINUTES OF THE MEETING HELD ON 7 JULY 2015</u>

The minutes of the meeting held on 7 July 2015 were taken as read and signed by the Chair as correct.

### 38 TERMS OF REFERENCE

Robert Norley reported that a report on draft revised terms of reference would be submitted to the meeting of the Board on 17 November 2015.

# 39 <u>UPDATE FROM RISE ON SERVICE DELIVERY RE SUBSTANCE MISUSE</u>

The Chair welcomed Sue Petters of RISE – Recovery and Integration Service - to the meeting.

RISE was a partnership of Addaction and EDP Drug and Alcohol Services, launched in April 2014 to provide a Drug and Alcohol recovery service across Devon and now had offices in Exeter, Tiverton, Okehampton, Newton Abbot and Barnstaple. She detailed the work of RISE from both staff and client perspectives.

As staff had been recruited from a number of agencies it had been necessary to devote a great deal of resources into training to ensure a consistency of approach in the newly formed organisation. There was a strong volunteer and support group

providing 1,300 hours of support over a 12 week period. Some of the volunteers were drawn from those who had previously been in recovery from the same issues and were therefore able to talk from experience.

Clients were referred from various sources including GP's, partner stakeholders, Councils and particularly the criminal justice pathway. All were offered a number of recovery options to enable recovery at their own pace.

Responding to a Member, she stated that it was not the case that delays of three months could occur before treatment was offered and that, in most cases, referrals to the appropriate intervention sources was immediate, delays however would occur in some cases. Legal highs and other stimulants were an increasing challenge, particular where different drugs were being mixed together as the effect on the body was unknown.

The Chair thanked Sue Petters for her presentation.

# WAT TYLER HOUSE HUB

40

Simon Bowkett, the Chief Executive of Exeter CVS, spoke on the background, philosophy and development of the new Hub.

Exeter CVS had with Devon Doctors (delivering local NHS primary care services to vulnerable groups) and Working Links (delivering Community Rehabilitation under the Transforming Rehabilitation Programme) secured £440,000 from Public Health England's Recovery Capital Fund to transform Wat Tyler House into the Exeter Engagement Hub. It now also had a 20 year lease from the City Council.

A recovery-focused, co-located and integrated health and well being hub for people with a range of needs and capacities, based around a specialist GP surgery would be created. It would also cover substance misuse, mental health and offender management services integrated with adult learning, volunteering programmes, housing advice, personal finance and debt management, participation and citizenship to create a "wraparound" offer to clients.

Services included the Clock Tower GP service, the probation service, substance misuse support, SHOT, Eddystone (HIV/STD etc.), Bicton College and Julian House (street homeless). These bodies were represented on a Management Steering Group including representatives of the City and County Councils.

Ivan Jordan, the architect, had designed the building based on (and shaped like) a river reflecting a life's journey from potentially chaotic beginnings to more placid and settled futures. One end of the building focused on crisis management and, moving through the building, advice and guidance was provided on housing, training, education and skills etc. to help build better futures. The physical layout of the interior promoted connectivity between the agencies with shared meeting spaces to facilitate the exchange of information. There was no reception desk, everyone entering the building being greeted by an individual, usually a volunteer, to ensure the individual is re-assured and helped immediately as well as providing some security for the building and staff. Other examples of assistance included John Lewis which had committed staff to train volunteers in customers care skills.

A core assumption was that support with life events through personal transition was the main catalyst for growing recovery capital and was needed in different forms whether a person was in crisis, in treatment, in recovery, in transition, sustaining health and well being or moving towards training and employment.

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Simon referred to connectivity with the local community including the Methodist Church, the St. Sidwells Centre, the Mosque and the St James Neigbourhood Forum. He highlighted the latter's project in developing a community garden which would dovetail with two similar projects clearing and upgrading waste land and involving clients in this exercise. He confirmed that steps were being taken with the City Council to design out the existing problem area in the alleyway to the side of the St. Sidwells Centre which was currently a meeting point for street drinkers, drug taking etc.

**RESOLVED** that the report be noted.

# 41 <u>LEISURE FACILITIES AND PLAYING PITCH STRATEGY</u>

Matt Evans updated on discussions to align the City's emerging Leisure Facilities Strategy and Playing Pitch Strategy through an emerging Exeter Sports Board. This would complement the Exeter Health and Wellbeing Board and contribute to its goal of becoming the South West's most active City by 2018. A meeting was to be held on 24 September 2015 to progress the proposals.

It tied in with the Government's Department of Culture, Media and Sport's consultation document on a New Strategy for Sport and it was felt that a joint partner response to this document should be submitted, the deadline being 1 October. Potential signatories were the Football Club, Exeter Chiefs, the College, the University, Active Devon and the local authorities and it was noted that all of these bodies were involved in the establishment of the nascent Sports Board. There was also a separate document on appropriate measures for assessing public participation in sport and recreation.

Active Devon were co-ordinating a meeting to draw together stakeholder views on their response to the consultation and it was important to ensure that there was alignment with any other responses going forward in Exeter. The City Council was co-ordinating a separate response via Sarah Ward (Assistant Director Public Realm) which it was hoped would be a wider partner response for Exeter.

Reference was made to the Strategy fully incorporating relevant organisations in the City including the University and the importance of a Greater Exeter approach.

**RESOLVED** that Robert Norley circulate the document and Matt Evans (Active Devon) circulate the draft response to the Government's Consultation document for consideration by partners.

### 42 <u>ACTIVE EXETER - UPDATE ON GETTING EXETER ACTIVE</u>

Matt Evans updated the Board on the following:-

# Sport England Bid

There was currently an embargo on the Sport England decision on nationwide bids. The media would be advised when the result was to be announced in mid September.

**RESOLVED** that James Bogue be thanked for his work in preparing the bid.

#### <u>Alcoa</u>

With a budget of 42,000 provided by Alcoa, Cowick Barton had been chosen for a programme of outdoor facilities. There had been 200 responses to a public

consultation on a proposed programme with 100 different organisations/individuals participating in engagement activities. Table Tennis England had chosen Cowick Barton as a pilot site, one of three in the UK for the location of tables covered by a canopy involving an investment of circa £15,000.

#### Park Run

43

45

The Board had provided £500 for this initiative, the previous weekend seeing a record number of participants of 187. A Junior Park Run was being launched at Heavitree Park.

**RESOLVED** that the Board note the report.

#### COMMUNITY FOOD NETWORK

Councillor Owen presented a report on the work of the Community Food Network (report attached)

**RESOLVED** that the issue of poor diet and its impact on public health be considered for inclusion in the next review of the Board's priorities.

#### 44 <u>SELF HARM HEALTH NEEDS ASSESSMENT</u>

The Public Health Specialist presented the Self Harm Needs Assessment initiated following the highlighting of this particular problem apparent through the Devon Health Needs Assessment. The presentation referred to the Executive Summary and Full Document **Executive Summary** 

http://www.devonhealthandwellbeing.org.uk/wp-content/uploads/2015/07/Devon-Self-Harm-Health-Needs-Assessment-Executive-Summary-2015.pdf **Full Document** 

http://www.devonhealthandwellbeing.org.uk/wp-content/uploads/2015/07/Devon-Self-Harm-Health-Needs-Assessment-2015.pdf

and set out details of the Advisory Group, the national picture, the overlap between violence, self harm and drug/alcohol misuse, data on hospital admissions and A&E attendances, length of stay, repeat admissions and trends.

There were notable peaks in both Exeter and Honiton, but it was difficult to identify the prime causal factors and additional research would be necessary to analyse and identify these factors. This problem was currently stretching resources but importantly it was evident that problems continued into adult life unless addressed.

**RESOLVED** that the report be noted.

# PERSONAL AIR QUALITY PROJECT

Alex Bullied updated the Board on progress with a pilot study into the exposure of Exeter residents to ultra-fine particles  $(PM_{2.5})$ .

The pilot conducted in June and July 2015 involved three volunteers equipped with personal PM<sub>2.5</sub> monitors and GPS loggers for 24 hours while they conducted their normal activities. The project mapped the exposure of the volunteers by location, and plotted exposure against time and activity. It provided personal travel planning advice to the volunteers and used their monitoring data to suggest changes they could make which would reduce their exposure. The volunteers had been chosen as they travelled from a variety of home locations as set out below, and to test different potential options for alternative sustainable travel choices.

Volunteer	Home	Work	Initial travel	Sustainable travel
Number	Location	Location	mode	mode
1	Cranbrook	City centre	Car	Bus
2	A30 (south of	Topsham	Car	Car (alternative
	the city)	Road		route)
3	Lympstone	City centre	Car	Bike

Previous studies in London and other cities had shown that daily patterns of exposure were personal to individuals, and that reductions could be achieved by changing travel habits.

Results showed that, for car journeys, the route was important in determining the exposure to ultra fine particles. For example, Volunteer 1 travelling between Cranbrook and Exeter normally by car, but on different roads in the morning and afternoon. Their exposure was higher when travelling via East Wonford Hill and Heavitree Road than via Pinhoe Road. For Volunteer 2, measured concentrations also varied with route. For this person it was not possible to suggest a realistic alternative travel mode other than to change the route used for her car commute. Her alternative route followed back roads rather than main roads, which allowed her to maintain a more constant speed and more efficient driving style.

Volunteer 3 was able to choose a sustainable travel mode (bike from Lympstone) for their second day of testing and this did result in lower exposure than the car commute (Table 4, Figures 3 and 4). However for Volunteer 1, who changed to bus, the average exposure on the second day was higher than in a private car - the bus from Cranbrook travelling along the main Heavitree corridor and the maximum exposure for this journey was similar to maximum exposure along the same route at a similar time of day in a car.

The pilot study showed that differences in particulate concentration between travel modes could be shown for some individuals, but were not always clear-cut and the sustainable travel message derived from the data was more subtle and nuanced than was apparent from data from similar studies in London. However in public health terms, all three volunteers could achieve a reduction in their daily exposure by behavioural change.

The next priority for the project would include a social marketing budget so that the outputs from the project could be used to maximum benefit. Public Health Devon had agreed to assist with this aspect and the techniques to be used were being developed further.

A separate project was being conducted using a Public Health Devon grant focusing on air pollution. The money would support two projects, one of which was a personal exposure monitoring study with groups of three school children from Braunton, Newton Abbott and Exeter. The study would follow essentially the same methodology but would focus on travel to schools in areas that had been identified as having higher air pollution levels.

**RESOLVED** that the progress report be noted.

# **DATES OF FUTURE MEETINGS**

**RESOLVED** that the following dates for future meetings be noted:-

Tuesday 17 November 2015

Tuesday 12 April 2016

Tuesday 5 July 2016

Tuesday 15 November 2016

Tuesday 17 November 2016

Tuesday 17 November 2016

Tuesday 13 September 2016 Tuesday 15 November 2016

(The meeting commenced at 2.00 pm and closed at 4.25 pm)

Chair